



NewFrontiers
EXECUTIVE FUNCTION COACHING

The New Frontiers Approach

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Who is New Frontiers?

New Frontiers is a coaching organization

- Coaches help individuals
 - Define and work towards individualized goals set
 - Identify strengths and obstacles to determine the best way to achieve your goals
- Areas of skills development
 - Academics
 - Social Skills
 - Independent Living Skills
 - Transition Support
 - Career Readiness
 - Career Coaching

How Does New Frontiers Coach

- Virtually and/or in-person
- 1:1 settings and/or group settings
- RISE – problem solving
 - Recognize problems
 - Identify potential solutions
 - Strategy implementation
 - Evaluate effectiveness
- RASP – session format
 - Review
 - Assess
 - Strategize
 - Plan

Who does New Frontiers Coach?

- Adolescents and Young Adults
 - Academics
 - Social Skills
 - Independent Living Skills
 - Transition Support
 - Career Readiness
- Adults and Professionals
 - Career Coaching
 - Transitional and Transformational Coaching
 - Interpersonal Skills
 - Conflict Management

Next Steps

- Learn more by going to our website – www.nfil.net
- Arrange a complimentary discovery call – 646-558-0085 – or info@nfil.net
- If we can help, consultation will be scheduled to develop a coaching plan